



LIME Menu

You are invited to drop your robe, cares, guard and anything else that has been weighing you down. LIME is more than skin deep. We get right to the pulp, without ignoring the outer peel. Our team will treat you intuitively and individually, whether through our bespoke facials or unforgettable rituals.

THE EVE LOM Facial Collection

Regarded as “the Queen of Cleansing” Eve Lom is one of the world’s most acclaimed and sought – after facialists.

Eve Lom's philosophy is based on the fact that every living organism pulsates with energy, sending out information about the physical, biological and emotional state of the body. Through regular cleaning, decongesting and exfoliation this energy can be regulated to help maintain healthy skin.

EVE Signature

90 min AED 620

A consultation with your therapist is followed by a thorough cleanse with the legendary Eve Lom cleanser. A paraffin wax mask is then applied, the heat of which will open the pores, enabling the therapist to extract more easily and thoroughly. This is followed by half an hour of lymphatic drainage and acupressure massage to the chest, arms, back and face to encourage decongestion. After the massage, Eve Lom's camphor based rescue mask is applied, which is removed with a hot, chamomile soaked muslin cloth. An ice-cold compress is then applied to refresh and revitalise the skin and to close the pores.

Ultimate Cleanse

60 min AED 495

When time is a factor, a one hour deep cleansing treatment including extractions is the perfect answer. This is based on Eve's Facial to achieve clean, decongested, radiant skin. Paraffin wax, rescue mask, neck and shoulder massage. Complete relaxation.

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www.limespas.com

Anne Semonin for LIME

A pioneer in combining trace elements and essential oils, whose synergy contributes to effective penetration and action, the Anne Semonin brand has existed for over twenty years and was the precursor to the concept of made to measure beauty. "Because every skin is unique", every Anne Semonin programme is customised, creating perfect blends for optimum efficacy. Based on this holistic and personal approach Anne Semonin products are designed in the image of cosmeceuticals, from natural ingredients used in the maximum concentration that is possible.

Bespoke Face

LIME Facial Glacier **90 min** **AED 695**

The ultimate lifting, firming treatment Incorporating an "eye zone" treatment, your skin is charged with the powers of evening primrose oil and red micro algae. Experience the renowned effects of 'Express Radiance Ice Cubes' which result in a more radiant, tighter skin. Aromatic scalp, neck and shoulder massage completes the experience.

Clarity **75 min** **AED 595**

SOS facial for stressed, city skins. With a botanical blend of lemon, cypress and sage; this gentle but powerful steam and extraction facial will help clarify and regulate a congested skin. Experience the skin benefits of sea minerals and plant extracts during the specialised facial massage and peel off seaweed mask.

LIME Couture **60 min** **AED 520**

Skin enhancing "made to measure facials". This collection has been designed to be tailor made for your individual skin needs through botanical active serums, essential oils, minerals and masks.

Man Made **60 min** **AED 520**

This Phyto-Aromatic Facial is tailored to men's specific concerns. Following a consultation, the facial is created for your skin using a blend of essential oils, trace elements, serums and botanical oils.

Wide Eyed **45 min** **AED 450**

Refresh tired eyes using a synergy of chamomile, cornflower, plant and marine extracts. This specialised 'eye zone' therapy has been designed to help combat dryness and sensitivity around the delicate eye and lip area helping to plump fine lines.

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Bespoke Body

Pulp Friction **45 min** **AED 350**

Re-mineralise and stimulate during this zesty full body exfoliation. Pure botanical oil and mineral sea salts slough off dead skin cells to reveal smooth, radiant skin. Treatment concludes with a silky application of botanical lotion.

Glow **60 min** **AED 395**

Sooth and replenish from top to toe during this skin quenching treatment for post sun exposed skin. The body is enveloped with a blend of healing Kaolin, cooling Aloe Vera and Cucumber. Treatment concludes with a hydrating application of botanical body milk.

LIME Cocoon **75 min** **AED 495**

Mineral salt and aromatic oil exfoliation prepares the skin for your choice of earth or ocean mud. Choose from detoxifying Spirulina or nourishing Pink Clay.

Escape **60 min** **AED 440**

This embracing treatment is designed to release tension and combat tight muscles. After a muscle melting target massage allow yourself to breathe deeply during the self-heating mud application. Let yourself unfold whilst the feet and lower legs are carefully massaged to improve circulation.

Sculpt **90 min** **AED 895**

Anti-cellulite specialised treatment designed to smooth uneven skin tone in stubborn areas. Sea salt and botanical oil body exfoliation prepares skin. Using a blend of firming Lipoliss and draining complexes, the legs are deeply massaged. A cleansing seaweed peel off mask is then applied. Treatment concludes with an application of skin smoothing and firming Lipoliss Gel. A course of treatments is recommended.

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Bespoke Massage

Evolve Hot Stone Massage

60 min	AED	595
90 min	AED	735

An all embracing treatment incorporating an intensive hot basalt stone massage and refreshing ice crystal therapy to help balance energy levels. Warmed aromatic oils combined with the therapeutic effects of the hot stones are used to massage the body to create a sense of deep relaxation. To complete the treatment iced crystals are used to revitalise the facial contours leaving your mind and body feeling invigorated and refreshed.

LIME Intuitive Massage

60 min	AED	395
90 min	AED	540

We seek to create the unforgettable. Following an initial consultation, your therapist will assist you in choosing from our selection of therapeutic techniques from classic massages such as Swedish, Shiatsu, Aromatherapy and Balinese. A personally prescribed blend of warmed botanical oils will rebalance and restore.

Traditional Thai

60 min	AED	420
90 min	AED	560

Replenish energy levels and rebalance during this alternative holistic Thai yoga massage incorporating stretching technique, therapist uses their hands, legs, knees, and feet to mobilize the body. Trigger pressure point massage will release blocked meridians resulting in inner calm.

Sport Massage

30 min	AED	210
60 min	AED	420

A therapeutic treatment using highly targeted deep-pressure techniques. Works to aid recovery of strained muscle after sports relieve muscular tension and revitalize muscles.

Scrummy Mummy

60 min	AED	420
90 min	AED	560

A combination of pregnancy specific massage techniques for the body, adapted to each stage of this precious journey bringing much needed release and relief. Virgin coconut oil nurtures, protects and strengthens leaving skin soft and supple.

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LIME Realms

Your journey begins here. Explore the essence of nature and allow yourself to discover a new level awareness. The perfect synergy of phyto, algae and aromatherapies. Ritual concludes with post relaxation time, Arabic fruits and selection of relaxing herbal teas.

Dune Signature Realm

3h 30

AED 1.300

Embark on a desert journey with our indigenous signature ritual

Blend your spirits beginning with Arabic rose scented bath ritual, before your therapist uncovers your skins natural glow through a warming aromatic oil and mineral rich salt scrub. Pause and inhale the essence of mandarin zest, marjoram whilst your body is massaged with volcanic stones and revitalised with cooling crystals. Finish with Anne Semonin booster facial and eye treatment, leaving skin stimulated and the mind soothed.

- Foot Ritual
- Rose Petal Bath Ritual
- Sea salt and Rose Petal full body exfoliation
- Hot Stone Massage
- Anne Semonin Facial Glacier

EVE meets West Realm

150 min

AED 1.100

- Foot Ritual
- Sea Salt and Rose Petal full body exfoliation
- Eve Lom Ultimate cleanse
- Intuitive full body & Scalp massage

Jewel Realm

150 min

AED 1.100

- Foot Ritual
- Tahiti black sand full body exfoliation
- Pink clay body cocoon
- Intuitive full body & Scalp massage

Aqua Realm

150 min

AED 895

- Foot Ritual
- Sea salt and Rose Petal full body exfoliation
- Ocean oil bath
- Intuitive full body & Scalp massage

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LIME Wellness

Ear Candling 60 min AED 395

The gentle art of ear candling balances and restores the equilibrium of your senses. The treatment includes scalp, neck, shoulder massage and lymphatic sinus drainage using essential oils.

Foot Reflex 60 min AED 395

Go beyond ordinary foot rubs and get to the core of your wellbeing, during this precision on sole massage.

Personal Training (member) 60 Min AED 125
(Non member) 60 Min AED 250

A fusion of gym programmes to suit individual needs. Our Gym instructor will guide you to achieve your goals.

Hands & Feet

Fingers First 60 min AED 190

Warm botanical oils sooth and strengthen transforming hands and nails from the practical to the beautiful. Restore and refine with aromatherapy infused oils and warm paraffin wax. File, buff to shine or a splash of nail colour completes the experience.

Well Heeled 60 min AED 220

Ultimate foot to toe treat concentrating on those high heel pressure points. Foot ritual and soothing sea salt exfoliation prepares for an aromatherapy infused sole massage and warm paraffin foot envelopment. Cuticles are tidied, nails filed then polished to perfection.

Sole Man 45 min AED 150

Neglect no longer. This complete spa foot treatment incorporates ritual cleansing followed by deep exfoliation. Warmed basalt stones ease away muscle tension whilst infusions of essential oils soften dry soles. Warm paraffin wax envelops feet before nails are tidied, trimmed and buffed to shine.

Zest Xpress 20 min AED 80

20 minute hand and feet revivers. Choose from cuticle tidy, file and buff or nail shape and professional polish application.

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LIME Beauty

Skin, Hair, Eyes. Easily the most attractive attributes and easily your most neglected. Indulge in beauty maintenance to reveal your beauty at its best.

Waxing

Full Leg	40 min	AED	160
Half Leg	30 min	AED	120
Full Arm	30 min	AED	110
Half Arm	20 min	AED	80
Under Arm	20 min	AED	80
Upper Lip	20 min	AED	80
Chest or Back	30 min	AED	145

Sub-Lime Strip Waxing

G Bikini <small>Standard bikini wax</small>	20 min	AED	100
Extended G Bikini <small>Full bikini wax</small>	30 min	AED	130
Brazilian <small>All off freedom or design</small>	40 min	AED	190

Essential Eyes

Eyebrow Shaping	20 min	AED	80
Eyebrow Tinting	20 min	AED	80
Eyelash Tinting	30 min	AED	100
LIME Eyes <small>eyebrow shaping, eyebrow tinting & eyelash tinting</small>	40 min	AED	230

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Hair Studio @ LIME

Shampoo, Blow Dry & Finish

Short	AED	160
Medium	AED	170
Long	AED	180

Male Wash, Hair Cut & Finish

AED 90

Shampoo, Hair Cut, Blow Dry & Finish

Short	AED	250
Long	AED	300

Hair Studio Services (including glossing, toners, deep moisture)

AED 120

Permanent Color half head

AED 200

Permanent Fashion Coloring full head

AED 400

Root touch up coloring AED 270

Highlighting

Full head	AED	420
Half head	AED	310

Permanent Straightening

price on consultation

Perm

price on consultation

Evening Hair Style

price on consultation

Please note that all colour services do not include blow dry & finish. We recommend that this is booked when making the appointment. LIME Hair Studio highly recommends a skin patch test 24 hrs prior to colour services. N.B Guests will be required to sign a disclaimer prior to any chemical treatment.

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How to LIME

Avant LIME

We recommend you arrive 30 minutes prior to your appointment time to allow yourself to relax and explore Sublime – LIME's pre-treatment spaces and our calming surroundings.

Whilst we will always try to accommodate your treatments in full, we would hate for your treatment to be cut short due to your late arrival.

LIME Health

Please inform your therapist if you have any known medical condition that may affect your treatment. As a healing environment our priority is your wellbeing.

Cancellations

We understand that sometimes you may need to change your schedule. We kindly ask you give us a minimum of twenty four hours notice. Appointments cancelled within 12 hours will incur a 50% cancellation fee. Appointments cancelled within 4 hours will incur a 100% cancellation fee.

LIME Wear

Please wear whatever makes you feel comfortable. Upon arrival you will be provided with a robe and towels. Swimwear for communal areas is required for heat and water experiences.

Emerald & Jade

Whilst lockers are provided for you, we recommend you leave all valuables in your retreat room as we do not assume any liability for loss and damage of any kind.

Green Environment

LIME is a fresh and pure environment – free from environmental noise pollution. Please help us to maintain LIME's serenity by refraining from smoking and turning off mobile phones before entering.

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